



# Rule Book

East Heart Competition

013-  
Lost in Line

Updated: February 5th 2017

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## Divisions:

### **Starter –**

This division is for dancers that have competed a maximum of two (2) times in solo/individual divisions before East Heart or on a corresponding division on fun competitions or social, starter or corresponding division at WCDF, WDM, UCWDC and others.

You are not allowed to compete in Starter if East Heart is your fourth (4th) competition.

### **Newcomer –**

This division is for dancers that have competed in solo/individual divisions at corresponding divisions on fun competitions or have competed at Newcomer divisions or corresponding at WCDF, UCWDC.

Competitors at Novice division at WDM may compete in the Newcomer division at East Heart Competition.

### **Novice –**

This division is for dancers that have competed in solo/individual divisions at Novice or higher divisions at WCDF, UCWDC.

Competitors in Intermediate division at WDM will compete in Novice division at East Heart Competition.

If you are an experienced social dancing instructor for Intermediate level or higher we recommend you to compete in this division.

*Choreography competitions does not count as solo competitions.  
Neither does team.*

## Age- and gender categories:

The age you are the year you are to compete at East Heart Competition decides your age category.

Whether your birthday is in January or December, it is your age during that particular calendar year that applies.

Following categories are the regular age categories.

0 – 12 years

13 – 19 years

20 – 29 years

30 – 39 years

40 – 49 years  
50 – 59 years  
60 +

There may be changes for the competition, contestants concerned by these will be contacted in advance.

Ladies and men compete against each other, there will be no separate gender categories are made.

### General rules:

Each song will be played for approximately 2,5 minutes.

All dances in Starter and Newcomer division will be counted in. Dancers in Novice will not be counted in.

No contestant will dance alone on the competition, even if it is the only one in his group!

For overall placement participation in both the A and B dances is required.

Stepsheets provided by East Heart Competition are the official documents for use. Stepsheets from other databases can differ in step description from those provided by East Heart Competition.

### Variations:

Variations are only allowed in Newcomer and Novice division

Variations are NOT mandatory.

The variations will be included by the judges; correct styles, inventive, follows the directions of the dance, correctly executed steps etcetera.

The variations may not put you or other dancers in risks of danger or damage.

### **Starter:**

Only *vanilla* is allowed.

### **Newcomer & Novice:**

Two (2) walls of *vanilla* must be danced before you start with your variations.

Variations may only be danced during the third (3rd) wall. You have the full third (3rd) wall available for variations, from the first to the last count of the stepsheet.

When the fourth (4th) wall starts you must go back to dancing *vanilla*.

Variations must follow the directions of the dance.

For ABC dances (phrased dances) there might be other walls than the third (3rd) where you are allowed to make variations. The stepsheet will then have notes of what walls variations are allowed at.

Any tags in the dances are always danced as *vanilla*! This applies for all divisions and dances.

*Vanilla: To dance entirely according to the stepsheet.  
Styling of the steps is approved, but not replacing of steps.*

### Clothes and footwear:

The clothing must be clean and tidy.

Deliberately worn clothing for Funky and Show dances is approved.

The clothes may not give an indecent image of the dancer.

Sunglasses and face masks that covers the eyes are not allowed for competition, exceptions are made only for glasses for the correction of vision defects.

Theatrical make-up on body and face is allowed, but not in extreme amounts.

Only dance shoes and *boots* are allowed and we prefer that competitors in Novice division use *boots*.

Trainers and street shoes are only allowed for dances classed Funky.

For dances classed Show you are allowed to use shoes that fit the style of the dance and music.

High-heeled shoes and boots with narrow heels are not allowed in any divisions.

*Please consult the judges before the competition if you are unsure of your shoes.*

Accessories dropped during the competition must immediately be recovered or moved from the dance floor by the one who dropped them, so they don't pose any danger for the other dancers.

*Boots: Ankle boots, lace-up boots, dance boots and similar are allowed.*

**Contact:**

Questions about rules, clothing, shoes, judging, stepsheets or music is sent to Charles; [charles.akerblom@gmail.com](mailto:charles.akerblom@gmail.com)

## Guidelines for judging:

Judging is done according to a table **from D to A**, where A is the best grade.

**A-dancer** = The contestant meets all the requirements at that division it compete at and should move up one division for the next competition.

**B-dancer** = The contestant performed the dance brilliantly and has only a little finishing touches left to meet the requirements for **A**.

**C-dancer** = The contestant performs technique and the overall look okay for this division, but has a bit more to go before he meets the requirements for **B**.

**D-dancer** = The contestant performs technique and the overall look close to a passing grade. The contestant need to work mor with technique and/or the overall look to meet the basic requirements for **C**.

If a judge consider two or more contestants being in the same gradation (for example B) they will be placed in order from 1 (best), 2 (second best) etc.

The contestant that recieved the most best letters summed according to the table is the one that wins.

If two or more contestants have got as many of the same letters, the one with the most of the lowest numbers wins.

### **Example:**

#### **Judge 1**

Dancer X – **C (1)**

Dancer Y – **B (1)**

Dancer Z – **B (2)**

#### **Judge 2**

Dancer X – **B (1)**

Dancer Y – **B (2)**

Dancer Z – **A (1)**

#### **Judge 3**

Dancer X – **C (1)**

Dancer Y – **B (2)**

Dancer Z – **B (1)**

#### **Overall**

Dancer X = **3e placering (C1, B1, C1)**

Dancer Y = **2a placering (B1, B2, B2)**

Dancer Z = **1a placering (B2, A1, B1)**