

Tävlingskoreografi till East Heart Competition
Tävlingsdatum 11 februari 2017

Dans B

Let's Run Away Together

Barbara Seelt

Beskrivning: 48 Count, 1 Wall, WCS Linedance
Nivå: Novice
Musik: "Run Away Together" - Anouk (84 BPM)

Start on first beat

COASTER STEP, SPIRAL TURN, RUN, RUN, RUN WITH SWEEP, JAZZ BOX 1/2 TURN

1&2 Step L back. Step R beside L. Step L forward.
3 Make a full spiral turn right keeping weight on L.
4&5 Run forward R. Run forward L. Run forward R and sweep L from back to front.
6-8 Cross L over R. Step R back. Make 1/2 turn left stepping L forward. [6:00]

TOUCH, COLLECT, ROCK, RECOVER, CROSS, 1/4+1/2 TURN, ROCK, BACK, BACK

1-2 Touch R to side. Touch R beside L.
3-4 Rock R to side. Recover onto L.
5&6 Cross R over L. 1/4 turn right stepping L back. 1/2 turn right stepping R forward. [3:00]
7-8& Rock L forward. Recover and step R back. Step L back.

TOUCH, 1/2 TURN, SWAY, CROSS, SIDE, FORWARD, SYNCOPATED CROSS ROCK

1-2 Touch R back. Make 1/2 turn right keeping weight on L. [9:00]
3-4 Step R to side and sway body right. Shift weight to L and sway body left.
5&6 Step R diagonally forward left. Step L diagonally forward left. Step R diagonally forward right.
7-8& Rock L over R (facing 10.30). Recover onto R. Step L to left diagonal (7:30).

1/2 TURN, HOLD, WALK, WALK, ROCK, RECOVER WITH SWEEP, SYNCOPATED SAILOR STEP 1/4 TURN

1-2 Step R forward and make 1/2 turn left, weight still on R. HOLD. [1:30]
3-4 Step L forward. Step R forward.
5-6 Rock L forward. Recover onto R while sweeping L from front to back.
7&8& Make a sailor step stepping L-R-L turning body to 10.30. Step R forward to 10:30. [10:30]

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HITCH, CROSS, REVERSED FULL TURN, SWAY L-R-L

1-2 Hitch L and square up to 12:00. Cross L over R.
3-4& 1/4 turn left stepping R back. 1/2 turn left stepping L forward. 1/4 turn left stepping R beside L.
5-6 Sway to L. Sway to R.
7-8 Sway to L. HOLD.

FLICK, CROSS, FULL UNWIND, SYNCOPATED SIDE ROCK & BEHIND x2, HITCH

1-2 Step R beside L and flick L. Cross L over R.
3-4 Unwind a full turn right, keeping weight on R.
5&6 Rock L to side. Recover onto R. Cross L behind R.
&7&8 Rock R to side. Recover onto L. Cross R behind L. Hitch L.

Restart: Danced during wall 2 after 40 counts.

Change counts 37-40

STEP, ROCK, RECOVER, BACK ROCK RECOVER

1-2 Sway to L. Sway to R.
3-4 HOLD. HOLD.