

Dans A

I Love This Road

Therese Johnsson

Beskrivning: 32 Count, 4 Wall, Polka Linedance
Nivå: Novice
Musik: "I Love This Road" - Emerson Drive (110 BPM)

CROSS ROCK, RECOVER, GALLOP 1/4 TURN RIGHT, STEP, 1/2 TURN RIGHT

1-2 Rock R over L. Recover onto L.
3&4& Step R to side. Step L beside R. Step R to side. Step L beside R.
5&6 Step R to side. Step L beside R. Make 1/4 turn right and step R forward. [3:00]
7-8 Step L forward. Make 1/2 turn right taking weight on R. [9:00]

SHUFFLE 1/2 TURN, SCOOT BACK R-L, RIGHT COASTER STEP, SYNCOPATED CROSS ROCK, RECOVER

1&2 Shuffle 1/2 turn right stepping L-R-L. [3:00]
3&4& Step R back. Scoot back and hitch L. Step L back. Scoot back and hitch R.
5&6 Step R back. Step L beside R. Step R forward.
7-8& Rock L over R. Recover onto R. Step L to side.

SYNCOPATED CROSS ROCK, RECOVER, STEP, SCUFF AND HITCH, GALLOP FULL TURN RIGHT

1-2& Rock R over L. Recover onto L. Step R to side.
3-4 Cross L over R angling body to 4:30 . Scuff and hitch R.
5&6&7&8 Make a full turn right in a circle galloping R-L-R-L-R-L-R. [3:00]

SIDE ROCK, RECOVER, SAILOR STEP 1/4 TURN RIGHT, STEP, 1/2 TURN LEFT, 1/2 + 1/4 TURN LEFT

1-2 Rock L to side. Recover onto R.
3&4 Make 1/4 turn left and step L behind R. Step R to side. Step L forward. [12:00]
5-6 Step R forward. Make 1/2 turn left taking weight on L. [6:00]
7-8 Make 1/2 turn left stepping R back. Make 1/4 left stepping L to side. [9:00]

Restart: Danced during wall 4 and 8 after count 16&, (left syncopated cross rock, recover, side).