

Tävlingskoreografi till East Heart Competition
Tävlingsdatum 11 februari 2017

Dans B

Mack The Knife

Rachael McEnaney

Beskrivning: 32 Count, 4 Wall, Show Linedance
Nivå: Newcomer
Musik: "Mack The Knife" - The Brian Setzer Orchestra (92 BPM)

WALK, WALK, CHARLESTON STEP, RIGHT LOCK STEP

1-2 Step RF forward, step LF forward
3-4 Touch R toe forward. Step R back.
5-6 Touch L toe back. Step L forward.
7&8 Step R forward. Lock L behind R. Step R forward.

RUMBA BOX, LEFT CHASSÉ, CROSS ROCK, RECOVER, SIDE

1&2 Step L to side. Step R beside L. Step L forward.
3&4 Step R to side. Step L beside R. Step R back.
5&6 Step L to side. Step R beside L. Step L to side.
7&8 Rock R over L. Recover onto L. Step R to side.

TOE STRUTS CROSS-SIDE, CROSS ROCK, SIDE, TOE STRUTS CROSS-SIDE, CROSS ROCK, 1/4 TURN STEP

1&2& Cross L toe over R. Drop L heel to floor. Step R toe to side. Drop R heel to floor.
3&4 Rock L over R. Recover onto R. Step L to side.
5&6& Cross R toe over L. Drop R heel to floor. Step L toe to side. Drop L heel to floor.
7&8 Rock R over L. Recover onto L. Make 1/4 turn right and step R forward. [3:00]

LEFT LOCK STEP, RIGHT MAMBO, LEFT LOCK STEP BACK, FULL TURN BACK WITH HITCH AND CLAP

1&2 Step L forward. Lock R behind L. Step L forward.
3&4 Rock R forward. Recover onto L. Step R back.
5&6& Step L back. Lock R in front of L. Step L back. Hitch R.
7& Make 1/2 turn right and step R forward. Hitch L.
8& Make 1/2 turn right and step L back. Hitch R.